

# London School of Reflexology

[www.learnreflexology.com](http://www.learnreflexology.com)

Certificated CPD Course in

## FACIAL REFLEXOLOGY



with Ziggie Bergman

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This fascinating, hands-on practical day will enable you to learn all the skills you need to provide a Facial Reflexology treatment to reduce stress for health and wellbeing. This is a wonderful specialist skill to expand your reflexology practice and offer an attractive treatment to your clients and to build up your client base and reputation. The unique benefit of Facial Reflexology is that not only does it aim to help clients improve their health and wellbeing, it also can help them to get a healthy glow.

The face provides a beautiful and precise tool to read what is going on within the body's internal organs, central nervous system and neuro-biological system. You will learn to apply energy healing techniques, use a facial reflexology tool, lymphatic drainage massage movements and specific Facial Reflexology reflex points to achieve results. This distinct specialist area of reflexology will offer you a sought-after skill and qualification to expand and complement your clinical practice.

You will be taught by **Ziggie Bergman** Winner of the Excellence Award for Innovation in modern Facial Reflexology who created Bergman Method Facial Reflexology which is built on a combination of Native American techniques and Asian body maps that chart the reflex points on the face,



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**DATES:** 14th March or 25th April or 6th June or 4th July or 5th September or 17th October or 28th November 2020.

**Venue:** Regents University, London  
**Cost** £140  
**Time:** 10am-5pm

combined with Zone Theory making it easy to grasp for Reflexologists. The face's proximity to the brain is key to the effectiveness of manipulating facial reflex points which directly connect to the body's neuro-pathways. Facial Reflexology can be a wonderful therapy to help identify reflexes out of balance and to help your clients improve their health and well-being.

On completing this course you will be awarded with a Facial Reflexology Certificate.

Pre-requisite: For qualified (level 3 minimum or equivalent) reflexologists only



# COURSE BOOKING

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I wish to confirm my place for **FACIAL REFLEXOLOGY** on:

and email your completed registration form to [ziggie@zonefacelift.com](mailto:ziggie@zonefacelift.com) for bank details to complete your registration online Course fee is £140.

Name:

Address:

Phone:

Email:

How did you hear about this course:

  
  
  

\* We require a copy of your **Reflexology qualification attached** to the email.



[www.learnreflexology.com](http://www.learnreflexology.com) Terms and conditions are the same as the (ABC Diploma) course. We do not give refunds and can offer an available alternative date for courses cancelled before 10 days' of the course date.