

London School of Reflexology

Certificated Course in

In

Advanced Hand Reflexology

Approved Association of Reflexologists 14 C.P.D. course

Tuesday 13th October or Thursday 10th June £95

10.00am – 4.30pm

Hand Reflexology will teach you how to apply a professional treatment on clients. Hand reflexology complements foot reflexology to help develop unique selling points as well as being a standalone treatment. A skill that is attractive and beneficial to the elderly, children, hospices, corporate clients, mother toddler groups, public relation company events and perfect for talks demonstrations and introductions to reflexology. Combined foot and hand Reflexology has been successful in building client bases, offer a more effective and unique treatment. Taught by Louise Keet the day will be practical based and develop your knowledge, skills and techniques.

Hand reflexology is a very relaxing treatment to experience and has been used successfully to treat a range of stress related conditions from insomnia to depression having excellent results for clients as the hands are closer to the heart and central nervous system and often having a more immediate relaxing effect for the client. Hand reflexology is also a helpful technique to show clients as aftercare advice because the hand reflexes are more accessible to work on in between treatments and can empower the client in their journey to better health. Potential clients that may benefit from hand reflexology include clients suffering from: arthritis, multiple sclerosis, insomnia, frozen shoulder, stress and anxiety or panic attacks, repetitive strain injury and carpal tunnel syndrome. The elderly often prefers hand reflexology and it is successfully used on children. We will look at how to use Hand Reflexology to build up a client base and how to use it with corporate clients at desks. It can be used in an indulgence treatment which also includes Facial Reflexology and Indian head massage.

On completion you will be awarded a certificate in **Advanced Hand Reflexology**

COURSE BOOKING FORM

I confirm my place for Advanced Hand Reflexology on: *(Please write down the date you wish to attend)* at 10.00am and enclose my course fee of £95.

Name

Phone NumberE- mail

Please return your completed application form to: **London School of Reflexology,
13 Brookfield Mansion, Highgate West Hill London N66AS.**

020 76910793.

Terms and conditions are the same as the (ABC Diploma) course