

London School of Reflexology

www.learnreflexology.com

Certificated in

ZONEFACELIFT



Taught by **Ziggie Bergman** winner of the AoR award for Excellence and innovation in modern facial reflexology.

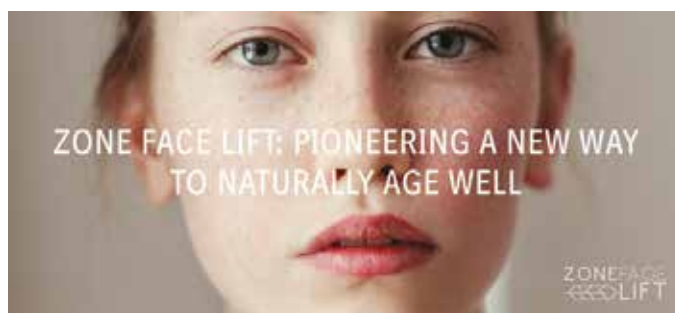
Pioneering a New Way To Naturally Age Well, the Zone Face Lift promotes a kinder, spiritual approach to helping women naturally look and feel their best. We hope your clients have already experienced the unique benefits of Bergman Method Facial Reflexology with a focus on wellbeing and these skills are used in the Zone Face Lift.

However, Zone Face Lift adds a unique facelift massage which Tatler said is "extraordinary!" which works by freeing constrictions both within the facial muscles and in the connective tissue, Native American healing, quartz crystals, holistic facial with hot towels to hydrate and nourish the skin, energy transforming visualisations to release emotions held in the face and advanced facial tools including Gua sha and rollers which helps "iron out" wrinkles and stimulate collagen and elastin tightening and sculpting the jawline, helping to lift and reduce any puffiness. The combination of ancient and modern techniques can be offered as a single treatment or 12 week programme to naturally lift the face and spirit. The ultimate "all natural alternative to botox" - **Hip & Healthy.**

The two-day Zone Face lift course will include:

Day 1 - An introduction to the 12 week programme, Zone Face Lift Massage and quartz crystal spheres, gua sha and rollers.

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Day 2 - Native American 'Smudging' and you will learn about the healing herbs you'll be using in ZFL products, holistic facial including hot towels, We will expand on the Zone Face Lift Programme and how all elements work together.

DATES: 13th & 14th March,
26th & 27th June, 2nd &
3rd Oct, 4th & 5th
December 2021

TIME: 10am -5.15pm **COST:**
£265 (2 days) **VENUE:**
Regents University, Regents
Park, London NW1 4NS

Case History - Students will complete one case history treating one client for the full 12-week programme to include before and after pictures you will use in promotion.

Recommended by

COSMOPOLITAN BAZAAR
The TATLER
Telegraph

"A spiritual facial treatment...
unlike any other"

Sunday Express

ZFL COURSE BOOKING

(for Reflexologists)

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I wish to confirm my place for

ZONEFACELIFT

2 day course on: (cost £265)

Email your completed registration form to ziggie@zonefacelift.com for bank details to complete your registration online. **Attach your Advanced Facial Reflexology certificate or confirm when you are registered to attend.**

Name:

Address:

Phone:

Email:

How did you hear about this course:

ON COMPLETING THIS COURSE YOU WILL BE AWARDED WITH A ZONE FACE LIFT CERTIFICATE.



www.learnreflexology.com Terms and conditions are the same as the (ABC Diploma) course. We do not give refunds and can offer an available alternative date for courses cancelled before 10 days' of the course date.